

## Functional Non-ejaculation

**"The Treatment of 72 Cases of Functional Non-ejaculation Condition with *Yu Jing Qi Guan Yin* (Jade Stalk Open the Barrier Drink)" by Li Guang-zhen, *Zhe Jiang Zhong Yi Za Zhi (The Zhejiang Journal of Traditional Chinese Medicine)*, #2, 1994, p. 60**

Since 1988, the author has treated 72 cases of functional inability to ejaculate with self-composed *Yu Jing Qi Guan Yin* with good results. Of the 72 men, the youngest was 22 and the oldest was 45 years old. The shortest disease course was 3 months and the longest was 11 years. Sixty-four cases suffered from primary onset inability to ejaculate, while 8 cases suffered from secondary inability to ejaculate. In addition, 59 had spermatorrhea and 17 a history of masturbation.

*Yu Jing Qi Guan Yin* consists of: Actinolithum (*Yang Qi Shi*) and Semen Vaccariae Segetalis (*Wang Bu Liu Xing*), 30g @, Herba Epimedii (*Yin Yang Huo*) and processed Radix Polygoni Multiflori (*Zhi Shou Wu*), 15g @, Gelatinum Cornu Cervi (*Lu Jiao Jiao*), Radix Morindae Officinalis (*Ba Ji Tian*), and Semen Cuscutae (*Tu Si Zi*), 12g @, Semen Allii Tuberosi (*Jiu Zi*), Radix Bupleuri (*Chai Hu*), and Fructus Citri Seu Ponciri (*Zhi Qiao*), 9g @, Testes Et Penis Otoriae (*Hai Gou Shen*), 6g, and Scolopendra Subspinipes (*Wu Gong*), 3 pieces.

If there was simultaneous static blood, stoppage, and accumulation with piercing pain in the penis, a dark, purplish tongue or static macules and speckles on the tongue, and a choppy, stagnant pulse, Radix Cyathulae (*Chuan Niu Xi*) and Semen Pruni Persicae (*Tao Ren*) were added. If there was kidney yin deficiency and vacuity with easy erection, low back and knee soreness and weakness, a red tongue with scant coating, and a fine, rapid pulse, Fructus Lycii Chinensis (*Qi Zi*) and Fructus Corni Officinalis (*Shan Zhu Yu*) were added. If there was simultaneous heart/gallbladder qi vacuity with

palpitations and easy fright, nervous inability to ejaculate, a pale red tongue, and a fine, weak pulse, stir-fried Semen Zizyphi Spinosae (*Chao Zao Ren*) and Radix Polygalae Tenuifoliae (*Yuan Zhi*) were added. If there was simultaneous damp heat percolating downward with a heavy body and physical fatigue, a bitter (taste in the) mouth, reddish urination, a slimy, yellow tongue coating, and a slippery, rapid pulse, Radix Gentianae Scabrae (*Long Dan Cao*) and Caulis Akebiae (*Mu Tong*) were added. These medicinals were decocted in water and taken, 1 *ji* per day. Ten days equaled 1 course of treatment. Between each 2 courses of treatment, there was a 3-5 day break. Treatment of this condition with this protocol consisted of 1-4 courses.

Sixty-three patients were completely cured, meaning they were able to have normal sexual relations with appropriate ejaculation. Nine patients experienced no improvement. Thus the total amelioration rate was 87.5%. Twenty-two cases were cured in 1 course of treatment, 26 cases in 2 courses, 13 in 3 courses, and 2 in 4 courses.

Case history: Liu X, 28 years old, worker. The patient had been married for 3 years but during sex was not able to ejaculate. However, he did experience spermatorrhea with dreams 1 time per month. Previously he had taken Herba Ephedrae (*Ma Huang*), *Jin Gui Shen Qi Wan* (Golden Cabinet Kidney Qi Pills), and other such Chinese medicinals. In all, he had taken 100 *ji* without result. During sex, his penis would become erect and hard but would also be faintly piercingly painful. Intercourse was

prolonged but he could not ejaculate. He was also tense and agitated emotionally. His tongue was dark red and had static speckles on its edges. Its coating was thin and slightly yellow. His pulse was fine and choppy. Based on this, he was given *Yu Jing Qi Guan Yin* plus Radix Cyathulae (*Chuan Niu Xi*), 15g, and Semen Pruni Persicae (*Tao Ren*), 9g. After 6 *ji* of these medicinals, the piercing pain in his penis disappeared. Therefore, the Perisca was removed and he was given 2 courses of treatment. After that, he was able to ejaculate during sexual intercourse and the next spring fathered a boy.

The author relates this condition to a combination of kidney yang vacuity and debility combined with the liver's loss of coursing and discharge. On the one hand, if there is kidney yang vacuity and debility it will not be able to arouse the essence, thus leading to an inability to ejaculate. On the other hand, since the liver governs coursing and discharge and its channel and vessels traverse the genitals, if the liver loses its coursing and discharge, the essence may become depressed and blocked, thus also leading to inability to ejaculate the seminal fluid. Therefore, treatment should be based on the methods of warming and supplementing kidney yang plus coursing and regulating the liver qi.

In this formula, Actinolithum, Epimedium, Morinda, and Semen Allii Tuberosi warm and supplement kidney yang, thus arousing the essence so that it can be ejaculated. Deer antler Glue, Cuscuta, and Seal Genitals supplement both kidney yin and yang and increase the marrow, thus boosting the seminal fluid. Processed Polygonum Multiflorum enriches and supplements the liver and kidney essence and blood, thus it is a good medicinal for seeking yang within yin. Bupleurum and Citrus regulate and out-thrust the channel qi of the liver vessel. Vaccaria and Scolopendra have the power to open and disinhibit the essence portal. When used together, these medicinals result in the seminal fluid being exuberant, kidney yang becoming vigorous, liver qi orderly reaches, depression and blockage are open and disinhibited, and thus the seminal fluid is (capable of being) drained.

**Functionally translated by Bob Flaws © Blue Poppy Press Inc.. 1995**

**For information about other research reports or to receive a Blue Poppy Press catalog, call 1-800-487-9296**