

CQ Junior (liquid formula)

Tab Content

Ingredients

<i>Ban Lan Gen</i> (Radix Isatidis/Baphicacanthi)	28 mg
<i>Lian Qiao</i> (Fructus Forsythiae)	16 mg
<i>Jin Yin Hua</i> (Flos Lonicerae)	16 mg
<i>Bai Shao</i> (Radix Alba Paeoniae)	13 mg
<i>Sheng Di</i> (uncooked Radix Rehmanniae)	13 mg
<i>Chuan Xiong</i> (Rhizoma Chuanxiong)	13 mg
<i>Huang Qin</i> (Radix Scutellariae)	13 mg
<i>Chai Hu</i> (Radix Bupleuri)	9.5 mg
<i>Dang Shen</i> (Radix Codonopsis)	9.5 mg
<i>Ban Xia</i> (Rhizoma Pinellia)	9.5 mg
<i>Da Zao</i> (Fructus Jujubae)	9.5 mg
<i>Sheng Jiang</i> (uncooked Rhizoma Zingiberis)	9.5 mg
<i>Niu Bang Zi</i> (Fructus Arctii)	9.5 mg
<i>Xuan Shen</i> (Radix Scrophulariae)	9.5 mg
<i>Dang Gui</i> (Radix Angelicae Sinensis)	9.5 mg
<i>Gan Cao</i> (Radix Glycyrrhizae)	6 mg
<i>Jie Geng</i> (Radix Platycodi)	6 mg

Chinese Disease Diagnosis

Gan mao (common cold or flu), *yan tong* (sore throat), *fa re* (fever)

Pattern Discrimination

Wind heat external contraction and possible heat toxins with an underlying liverspleen disharmony resulting in a defensive qi vacuity, an inhibited qi mechanism, concomitant internal heat, and deeplying phlegm dampness

Therapeutic Actions

Resolves the exterior and dispels wind, clears heat and resolves toxins, disinhibits the throat and abates fever at the same time as harmonizing the liverspleen, transforming phlegm, and eliminating dampness

Indications

Pediatric sore throat due to wind heat external contraction with or without heat toxins and an underlying defensive qi vacuity due to spleen vacuity.

Contraindications

Common cold or flu after sore throat has abated or common cold without sore throat

Signs and Symptoms

SIGNS AND SYMPTOMS OF WIND HEAT EXTERNAL CONTRACTION INCLUDE

- Sore throat
- Possible nasal congestion
- Possible fever
- Possible cough
- A superficial or floating, red vein at the wind bar or gate on the ventral surface of the index finger

SIGNS AND SYMPTOMS OF HEAT TOXINS AND PHLEGM BINDING INCLUDE

- Worse sore throat
- Swollen glands

SIGNS AND SYMPTOMS OF SPLEEN QI/DEFENSIVE QI VACUITY INCLUDE

- Age less than six or seven years
- A craving for sweets
- Easy and/or recurrent catching of cold
- A tendency to loose stools
- A blue vein between the eyebrows at the so-called root of the nose
- A history of antibiotics, especially recurrent courses of antibiotics

Formula Explanation

This formula is meant for the treatment of recurrent sore throats in children, including those diagnosed as strep throat. Because of inherent spleen qi vacuity, children's defensive qi tends to be vacuous and insecure. The more vacuous the spleen, the more likely it is a child may suffer from recurrent catching cold and sore throats. Overeating sweets and overuse of antibiotics worsen this tendency. Therefore, within this formula, *Chai Hu* (Radix Bupleuri), *Jin Yin Hua* (Flos Lonicerae), *Lian Qiao* (Fructus Forsythiae), and *Niu Bang Zi* (Fructus Arctii) all clear heat and dispel wind, while *Jin Yin Hua*, *Lian Qiao*, *Xuan Shen* (Radix Scrophulariae), *Sheng Di* (uncooked Radix Rehmanniae), and *Ban Lan Gen* (Radix Isatidis/Baphicacanthi) clear heat and resolve toxins. Among these heat-clearing medicinals, *Xuan Shen*, *Niu Bang Zi*, and *Ban Lan Gen* have the empirical function of disinhibiting the throat. *Huang Qin* (Radix Scutellariae) clears any internal heat in the lungs, liver, and stomach which may exacerbate any heat in the exterior. *Chai Hu* (Radix Bupleuri) also drains the liver based on the fact that, in children, the liver commonly has a surplus. *Dang Shen* (Radix Codonopsis), *Ban Xia* (Rhizoma Pinellia), *Da Zao* (Fructus Jujubae), *Gan Cao* (Radix Glycyrrhizae), and *Sheng Jiang* (uncooked Rhizoma Zingiberis) fortify the spleen at the same time as they transform phlegm and eliminate dampness that congeals into phlegm. *Jie Geng* (Radix Platycodi) also transforms phlegm and, along with *Chuan Xiong* (Rhizoma Chuanxiong), guides all the other medicinals in the formula to the upper body, including the region the chest and neck. Because the blood is the mother of the qi, the addition of *Dang Gui* (Radix Angelicae Sinensis) and *Bai Shao* (Radix Paeoniae Albae) help in the engenderment of the qi at the same time as relaxing the liver and harmonizing the defensive and constructive.

Dosage

Dosage: 2 droppers full

[Click Here](#) for complete dosing explanation.

My Patient Has

MY PATIENT IS A CHILD WITH A SORE THROAT AND/OR A DIAGNOSIS OF

Strep throat Yes No

MY PATIENT PRESENTS A PATTERN OF

Heat toxins and phlegm binding (not absolutely necessary) Yes No

Spleen vacuity Yes No

Product Testing

Creating a line of exceptional products for Chinese medical practitioners requires quality assurance that incorporates traditional knowledge as well as science. At Blue Poppy, we deeply value the traditional knowledge and techniques of Chinese medicine, and we meticulously reproduce the traditional decoction process with only the best raw herbs.

Our herbs are carefully selected by experts trained in traditional herbal quality discernment, and we rely upon a stable network of GAP farms and trusted wholesalers for all of our raw materials. An in-house sourcing expert at our manufacturing facility evaluates the herbs with both traditional assessment techniques and modern methods incorporating TLC and HPLC, and our own on-staff herbal expert Eric Brand personally travels to China to verify their authenticity and quality.

Blue Poppy products undergo one of the most comprehensive testing regimes in the industry. We are the only company in the industry to use a third-party certified FDA cGMP manufacturing facility in conjunction with third-party lab testing for every batch of every formula. We test every formula for microbiologic contaminants, heavy metals and pesticide residue.

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